

## WAXING

Eyebrow Sculpting	\$22	Bikini from	\$23
Lip	\$12.50	G-String	\$30
Chin	\$12.50	Brazilian	\$50
Lower leg	\$30	Maintenance	
Full Leg	\$57	(less than 4 wks)	\$40
Under arm	\$22		

## MENS WAXING

Chest	\$35	Stomach	\$20
Full Back	\$60		

**ELECTROLYSIS** from \$30 min.  
Progressive permanent hair removal

## SPRAY TAN

Classic Tan	\$35 (wash off after 6 hours)
Flash Tan	\$40 (wash off after 2 hours)

Extend the life of your tan with TechnoTan homecare products

## MAKE-UP APPLICATION

Professionally applied for all occasions \$65

## LASH & BROW BAR

Eyelash Tint	\$27.50
Eyebrow Tint	\$16.50
Henna Brow Tint	\$25
Eyebrow Makeover	\$37 (brow shape and tint)
Defining Eyes	\$99 (Lash perm & tint, brow shape & tint)
Lash Perm	\$60 add \$15 for tint

## SPA ETIQUETTE

**Arrival:** Please arrive 10 mins before your appointment time. If you are new to Tir na nOg, we will ask you to complete a consultation form so that any health or treatment concerns can be considered.

**Mobile Phones:** Please put your mobile phone/device on silent beyond reception.

**Booking Policy:** To reserve your appointment time we will ask for a \$30 deposit to be paid at the time of booking. (If treatment booked is less than \$30 we will ask for full payment). We may ask for 50% of treatments over 1 hour duration. If you are unable to keep your appointment, please contact us ASAP as we are happy to reschedule, however, cancellation of less than 24 hours or failure to keep an appointment will result in the deposit being forfeited. If you are using a Gift Voucher to pay for the treatment, please advise us of Gift Voucher number at time of booking.



**Tir na nOg**  
SKIN & BODY THERAPY

## FACE

**Express Rebalancing** \$85  
Express facial treatment tailored for your skin needs.

**Ampoule Therapy** \$120  
A personally designed facial treatment including deep cleanse, intensive ampoule complex, massage and treatment mask. Leaves skin rejuvenated and radiant.

**Seasonal Facial** \$99  
Inspired by nature, this treatment contains vitamins & minerals for radiance, oxygenation, hydration & anti-oxidant protection.

**Cosmeceutical Professional Peel \$75 (add to facial \$25)**  
Resurfacing, repairing, medical grade skin peel (A series of 5-10 professional treatments, while using prescribed Sothys professional skincare in home support is recommended for optimal results)

**Moisture Quench** \$145  
Intense hydration for a plumper more youthful looking skin.

**Energising Facial** \$145  
Boosts skin vitality, energy & luminosity while creating a stronger collagen network.

**Eye Treatment \$40 when added to a facial**  
A refreshing, decongesting pro-youth treatment specific to the eye contour.

## FACE

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### Perfect V Neck Treatment \$99

Targets neck & jowls to provide immediate firming & lifting, results on jawline & neck.

### Diamond Microdermabrasion \$115

Exfoliating treatment to leave the skin smooth and refined.

### Non-surgical Facelift (Hollywood Lift) \$135

Tones facial muscles and lifts facial contours. Improves skin circulation & hydration.

### LED (Light Emitting Diode) added to facial \$15

Enhances cellular communication in the skin.

### Derma Mask Infusion Facial \$95

Vital active ingredients are infused to a deeper level of the skin for an amazing result. Derma Mask (added to facial \$40)

## BODY

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### Body Exfoliation \$80

An invigorating treatment which leaves your skin feeling smooth and hydrated.

### Sensorial Spa Escape \$130

A personalised body ritual, commencing with exfoliation for skin rejuvenation, followed by massage to soothe & relax. Choose from 3 unique essential oil blends.

### Body Mask & Wrap \$130

Begins with body exfoliation to stimulate the skin & allow maximum penetration of active ingredients. Enjoy a petite spa facial while relaxing in a clay mask cocoon.

### Geisha Bath Soak 1 person \$45,

Enhance your treatment experience **2 people \$27.50 each** with a refreshing soak in our Geisha Plunge Bath.

## MASSAGE

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### Sensory Journey 40 mins \$70, 60 mins \$90

Deeply relaxing & de-stressing massage 90 mins \$135 with your choice of essential oil blend.

### Indian Head Massage \$57

A blissful seated massage concentrating on shoulders, neck, face and scalp. Perfect to ease tense muscles & may help to promote healthy hair growth.

## MASSAGE

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### Aromatic Stone Massage \$120

Heated stones are used to massage & infuse warm oil and exotic spices to create a deep sense of peace and wellbeing.

*Pregnancy - For your comfort, we offer a pregnancy massage mattress to accommodate your baby belly.*

### Reflexology 40 mins \$70

(Reflexology can be applied to the face or feet)

Performed by a qualified Reflexologist, this treatment works specific reflexes to stimulate nerve and blood supply to organs and glands of the body.

## HANDS & FEET

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File & Paint	\$30	Petite Manicure	\$55
Classic Manicure	\$65	Petite Pedicure	\$55
Classic Pedicure	\$90	Gel Polish Nails	\$55
Gel Polish soak off Treatment	\$35	Minx Nail Foils	\$57

### ADDITIONAL NAIL SERVICES

Gel Polish with manicure or pedicure	\$15
Gel Polish soak off with manicure or pedicure	\$15
Paraffin Wax treatment	\$15

## SPA RITUALS

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### Restore \$190

Feel stress disappear & restore well-being with our Sensory Journey Massage combined with our Ampoule Therapy Facial.

### Sulis \$175

Smoothie, Soothe & Relax. Body Exfoliation, Geisha Plunge Bath & 40 minute Massage.

### Shirodhara \$95

Indian Head Massage followed by continuous flow of warm oil to the forehead, creating a gentle, soothing sensation to induce deep relaxation.

### Spa Mix \$165

30 minute Massage, Spa Facial, & Petite Manicure OR Pedicure